



The Maui Teen Scene

Attractions

At the Maui Ocean Center in Mā‘alaea, Maui’s marine environment is showcased through a variety of aquarium displays, hands-on exhibits and even a “touch pool” where visitors can touch various ocean creatures like sea urchins and starfish. Other live ocean inhabitants at the Center include jellyfish, octopus, reef fish, shrimp, eels, skipjack tuna, lobsters, rays and sharks.

Maui Tropical Plantation

This activity spotlights the Magic Isle’s agricultural history, taking visitors on a tram tour of acres of sugar cane, macadamia nuts, guava, mango, banana, papaya, pineapple, coffee and flowers.

Hawai‘i Nature Center

Located in ‘Īao Valley, the nature center features an Interactive Science Arcade. Here, more than 30 hands-on exhibits and experiences will help you learn about Maui’s natural environment. You can even “experience” life as a dragonfly, simulating the ability to see a hundred directions at once. There is also a Rainforest Wilderness Walk guided by naturalists who interpret the culture and the natural history of ‘Īao Valley.

Kā‘anapali Beach

Known as “Dig Me” beach among the local teens, Kā‘anapali Beach is one of Maui’s best beaches. It is four miles long, with grainy gold-colored sand as far as the eye can see. The beach parallels the sea channel through most of its length and has a paved beach walk. Summertime swimming is excellent. Various beach activity vendors offer nearly every type of water activity and equipment.

Bicycling

Bikers can cycle from Wailea to Kapalua, from Ho‘okipa to Kahului and from Waiehu to Wailuku, on improved shoulders or bike lanes. Numerous tour companies provide several unique biking adventures, including an exhilarating 28-mile ride from the 10,000-foot summit of Haleakalā.

Hiking

There are hundreds of miles of hiking trails on Maui, but only three of the trailheads are marked: Haleakalā; Polipoli, a large upland forest; and ‘Ohe‘o Gulch in Kīpahulu, a moderate four-mile walk along a stream, past waterfalls and through bamboo forests. Haleakalā National Park naturalists lead regularly scheduled hikes. There are several guide services for hiking on Maui. A program called Na Ala Hele has been maintaining trails and advocating beach access routes. The Ancient Lāhaina Pali Trail echoes the 16th century Pi‘ilani Highway,



the first walking path built around the island. Remnants of it still remain. Na Ala Hele provides an informative booklet that includes interesting facts and stories about certain points along the trail.

Horseback Riding

There are numerous stables on the island, providing mounts to match every level of riding ability, and trips usually last from one to six hours.

Snorkeling

Snorkeling gear can be rented for as little as \$15 – a bargain when you consider the rare and wonderful sights that you'll see underwater. Five of the best spots on Maui to snorkel and dive are Honolua Bay, `Āhihi Kina`u Bay, Kā'anapali's Pu'u Keka'a or Black Rock, and Wailea's `Ulua Beach. Numerous charter boats offering sailing, cruising and snorkeling trips can be found anchored in Mā'alaea and Lāhaina Harbors.

Diving

Scuba diving is extraordinary in paradise. For experienced divers, cave and lava tube diving are adventures of the Indiana Jones ilk. Don't miss breathtaking Cathedrals off Lāna'i, hailed by avid divers as one of the best dive spots in the world.

Surfing

Maui has several areas with world-class waves. Mā'alaea and Honolua Bay are two of the best. For those interested in learning, there are many classes offered throughout the island.

Windsurfing

Ho'okipa Beach is the "Windsurfing capital of the world," hosting international championships and drawing hundreds of spectators. Only the pros surf Ho'okipa. Novices should practice at Kanaha, Kihei and Spreckelsville. Gear can be rented at several sports shops in Pā'ia, Wailuku and Kahului.

Zipline

Experience Maui's natural wonders on a thrilling zipline ride that sends you soaring over gulches and through trees while safely harnessed on a cable. Choose from several courses on Haleakalā or Mauna Kahālāwai (West Maui Mountains).

ATV

Take an ATV Tour and explore Maui's rolling hills and verdant forests on a modern all-terrain vehicle.